



Montgomery Flag Football www.montgomeryflag.com

## Flag Football Coach Overview and Contract Montgomery Flag Football League

Thank you for volunteering to be a Coach in Montgomery Flag Football league. It is important that you review this document in its entirety to ensure that you fully understand the responsibilities and commitment expected of you as a Coach. If confirmed you will be expected to sign this contract indicating that you have read, understand and commit to live up to both the letter and the spirit of this contract and that you agree to unconditionally abide by league policies and rules

## Our coaches and referees are the most important people in our organization!

- 1. Effective 2017, every Coach must complete a mandatory background check. A successful background check must be completed by prior to being approved as a coach and before you set foot on the field with players. Montgomery Flag Football requires 100% compliance to ensure the safety and security of our players; there will be NO exceptions to this requirement.
- 1. Each Coach agrees to attend the mandatory Rutgers SAFETY Course.
- 2. Each Coach agrees to complete the NFL Flag Level Certification (if applicable)
- 3. Each Coach is responsible for the organization, communication, and management of all the elements of the team.
  - A. Schedule an in person team meeting prior to the start of the season with players and parents.
  - B. Clearly define expectations of practice, game schedules, and uniform and safety equipment with players and parents
  - C. Set up a group email for the teams to in order to ensure efficient and effective communications
- 4. Each Coach agrees to review and know the Montgomery Flag Football Rules. A copy of the rules can be found on the league website. It is the responsibility of the coaches to review these rules and, if you have any questions discuss them with the league director prior to the season, and with the game referees or head referees in season during game play.
- 5. Each Coach agrees to support the Montgomery Flag rules and always exercise caution/common sense regarding safety and injury protection. The safety and health of all players is your first priority.

## MONTGOMERY



Montgomery Flag Football www.montgomeryflag.com

- 6. Each Coach agrees to properly prepare game lineups and adhere to the playing rules and rotations. Anyone who violates the Player Rotation rule will be subject to potential removal from coaching privileges. Ensure that each player receives proper playing time and position opportunities.
- 7. Each Coach agrees to properly care for league provided equipment. After every game, please thoroughly clean up the field area. Ensure that your players treat our field with care.
- 8. Each Coach is responsible for ensuring positive and cooperative interaction with ALL players, parents, referees and especially other Coaches. That person across the field with the other team is very important to you and you are very important to them. They are you competitor, but they are NOT your adversary. They are your PARTNER and you are their PARTNER. Together, you work collectively and productively to insure that ALL of the kids have a great time playing flag football and so in fun, safe and positive atmosphere. You agree to conduct yourself with the highest level of integrity, sportsmanship and friendly competition. You agree not to communicate or behave towards the opposing coach, team, referee or any parent/spectator in a negative or inappropriate manner.

In conclusion this is not the NFL; it is a great game to properly teach our kids effort, consistency and determination will reap successes. Help them, show them, teach them, guide them what it means to be part of a team and that mistakes are part of the game and are to be learned from. In everything you do, ask yourself this question: "Long after the game scores have faded from memory, what will these kids remember...what will they have taken away from this experience?"

Let's play some Flag Football and make it fun and a great experience for everyone involved!

I AGREE TO ALL OF THE ABOVE AND PROMISE TO PUT FORTH MY BEST EFFORTS TO KEEP THE BEST INTERESTS OF THE KIDS AS A PRIORITY ABOVE ALL ELSE AT ALL TIMES

Coach Name:	 	 
Coach Signature:	 	
Date:		